

Westonka Public Schools

MWHS Lunch Menu – One school lunch is free for all students and must include a fruit or vegetable selection. It may include:

1 entrée

1 milk

All you care to eat fruits and vegetables

Additional entrees available every day that can be selected: hamburger, cheeseburger, spicy chicken patty sandwich, regular chicken patty sandwich, hot dog, ham & cheese sandwich, turkey & cheese sandwich, cold cut combo sandwich, salami & cheese sandwich, peanut butter and grape jelly uncrustable sandwich, yogurt parfait w/ cheese stick & bread, and salad bar

Monday	Tuesday	Wednesday	Thursday	Friday
09/04/2023 No school	09/05/2023 Chicken Tenders w/ a Garlic Breadstick Fruit – Variety Vegetable - Variety Milk - Variety	09/06/2023 Teriyaki Chicken w/ Rice Fruit – Variety Vegetable - Variety Milk - Variety	09/07/2023 Individual Pizzas Fruit – Variety Vegetable - Variety Milk - Variety	09/08/2023 Macaroni & Cheese w/ Garlic Toast Fruit – Variety Vegetable - Variety Milk - Variety
09/11/2023 Mini Corn Dogs w/ Chips Fruit – Variety Vegetable - Variety Milk - Variety	09/12/2023 Orange Chicken w/ Rice Fruit – Variety Vegetable - Variety Milk - Variety	09/13/2023 Cheese Pizza Bites w/ Marinara Sauce Fruit – Variety Vegetable - Variety Milk - Variety	09/14/2023 Walking Taco Fruit – Variety Vegetable - Variety Milk - Variety	09/15/2023 Chicken Tenders Wrap Fruit – Variety Vegetable - Variety Milk - Variety
09/18/2023 French Toast Sticks & Chicken Tenders Fruit – Variety Vegetable - Variety Milk - Variety	09/19/2023 Italian Dunker w/ Marinara Sauce Fruit – Variety Vegetable - Variety Milk - Variety	09/20/2023 Chicken Alfredo w/ Breadstick Fruit – Variety Vegetable - Variety Milk - Variety	09/21/2023 Popcorn Chicken w/ Dinner Roll Fruit – Variety Vegetable - Variety Milk - Variety	09/22/2023 Cheese or Pepperoni Pizza Fruit – Variety Vegetable - Variety Milk - Variety
09/25/2023 Butter Chicken w/ Rice Fruit – Variety Vegetable - Variety Milk - Variety	09/26/2024 Nachos Fruit – Variety Vegetable - Variety Milk - Variety	09/27/2023 Pasta w/ Marinara Meat Sauce & Bread Fruit – Variety Vegetable - Variety Milk - Variety	09/28/2023 Pizza Sticks w/ Marinara Sauce Fruit – Variety Vegetable - Variety Milk - Variety	09/29/2023 Pulled Pork Sandwich Fruit – Variety Vegetable - Variety Milk - Variety

Westonka is an equal opportunity institution

For questions or concerns, please email metzgerl@westonka.k12.mn.us or call 952-491-8084